Track: 2020-06-30 Monte Velino e dintorni — **Date: 30/06/2020**

Track: 2020-06-30 Monte Velino e dintorni	**IBP = 293 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	31.84 Km
Analyzed distance	31.84 Km
Lineal distance	0.01 Km

Accumulated climb	3125.03 m
Accumulated descent	3126.51 m
Maximum height	2491.9 m
Minimal height	1015.22 m
Climb rate	19.85 %
Descent rate	20.28 %
Positive climb difference per km	98.15 m
Negative descent difference per km	98.19 m

Total time	10:23:06 h
Time in movement	9:07:18 h
Stopped time	1:15:48 h

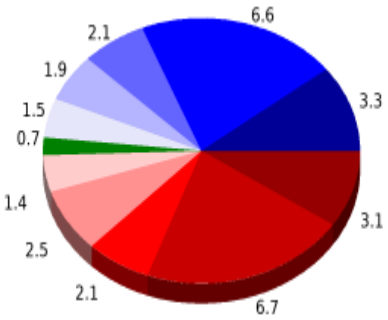
Total speed average	3.07 Km/h
Average speed in movement	3.49 Km/h
Maximum held speed	9.44 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	2383 (cad. 13.36 m)
Significant points	876 (cad. 36.39 m / 36.76 %)
Aberrant points	122 (5.12 % d. total)

Direction changes per km	14.32
Direction changes >5º per km	11.87
Accumulated straight stretches	3.299 Km
Straight stretches per km	103.61 m
Penalizables slope changes	22
Penalizables slope changes per km	0.691

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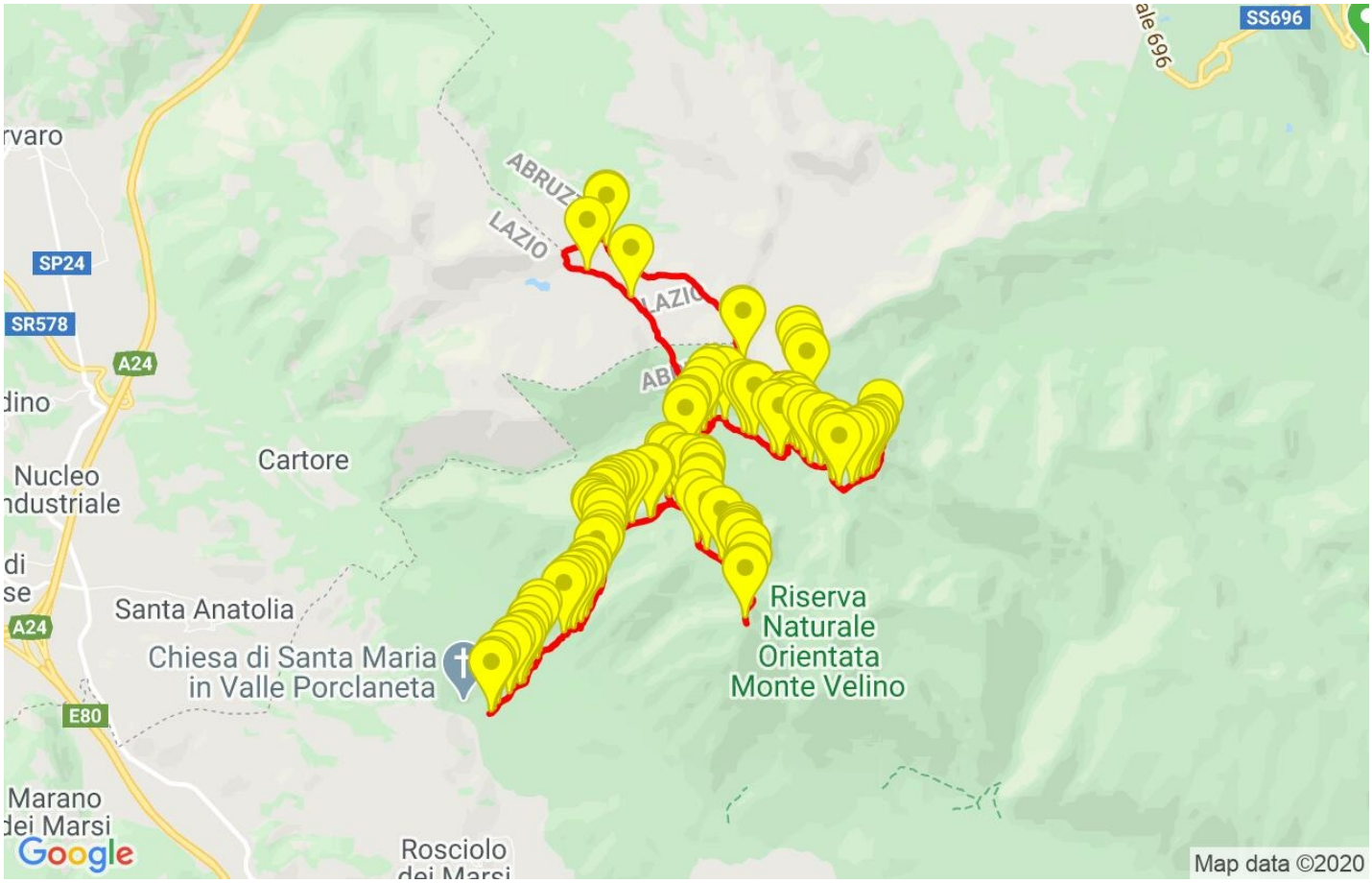
Summary of slopes

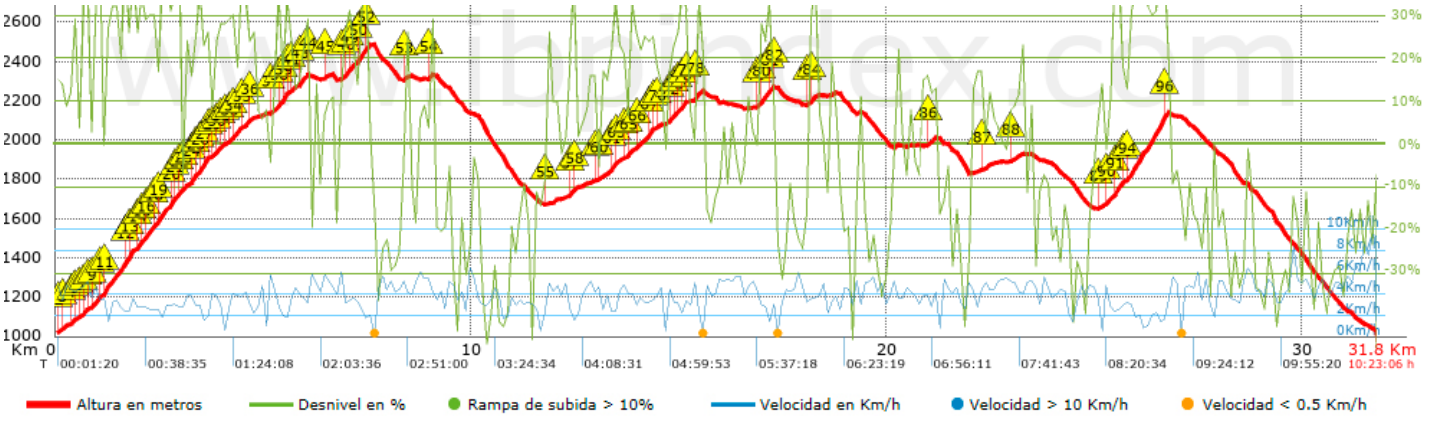


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	3.101	9.74	2.31	1:20:27
	Between 15 and 30%	6.708	21.06	3.12	2:08:48
	Between 10 and 15%	2.052	6.44	3.99	0:30:50
	Between 5 and 10%	2.454	7.71	3.89	0:37:53
	Between 1 and 5%	1.428	4.48	4.39	0:19:30
	Total :	15.742	49.44	3.18	4:57:28
	Plain				
	Difference of 1%	0.689	2.16	4.14	0:09:59
	Breakdown descents				
	Between 1 and 5%	1.461	4.59	3.93	0:22:18
	Between 5 and 10%	1.943	6.1	4.14	0:28:11
	Between 10 and 15%	2.089	6.56	4.29	0:29:15
	Between 15 and 30%	6.643	20.86	4.26	1:33:40
	Between 30% and 55%	3.276	10.29	2.96	1:06:27
	Total :	15.413	48.4	3.86	3:59:51
	Total track :	31.84	100 %	3.49	9:07:18

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
 1	0.037	15 %	33 m
 2	0.07	15 %	114 m
 3	0.184	13 %	207 m
 4	0.391	20 %	81 m
 5	0.472	28 %	29 m
 6	0.606	15 %	42 m
 7	0.648	29 %	131 m
 8	0.779	12 %	107 m
 9	0.886	28 %	181 m
 10	1.067	15 %	99 m
 11	1.166	30 %	527 m
 12	1.693	24 %	114 m
 13	1.807	34 %	113 m
 14	1.92	20 %	108 m
 15	2.028	26 %	186 m
 16	2.214	30 %	132 m
 17	2.347	30 %	35 m
 18	2.382	25 %	117 m
 19	2.499	30 %	293 m
 20	2.792	25 %	97 m
 21	2.889	37 %	62 m
 22	2.951	18 %	126 m
 23	3.077	19 %	175 m
 24	3.252	25 %	97 m
 25	3.348	30 %	113 m
 26	3.462	29 %	106 m

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27	3.568	36 %	74 m
28	3.642	26 %	40 m
29	3.816	23 %	73 m
30	3.889	21 %	117 m
31	4.005	23 %	78 m
32	4.083	13 %	98 m
33	4.181	22 %	126 m
34	4.307	26 %	119 m
35	4.426	18 %	264 m
36	4.69	19 %	32 m
37	5.185	16 %	136 m
38	5.321	30 %	175 m
39	5.496	21 %	106 m
40	5.603	24 %	70 m
41	5.672	17 %	151 m
42	5.823	15 %	31 m
43	5.854	26 %	201 m
44	6.056	19 %	32 m
45	6.471	16 %	101 m
46	6.841	12 %	37 m
47	6.878	17 %	40 m
48	6.918	29 %	167 m
49	7.085	20 %	203 m
50	7.287	31 %	182 m
51	7.47	36 %	36 m
52	7.506	17 %	68 m
53	8.398	16 %	111 m
54	8.974	20 %	105 m

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55	11.812	14 %	176 m
56	12.395	36 %	71 m
57	12.466	20 %	30 m
58	12.939	11 %	126 m
59	13.065	15 %	251 m
60	13.316	24 %	110 m
61	13.426	27 %	74 m
62	13.501	12 %	143 m
63	13.643	12 %	130 m
64	13.773	22 %	147 m
65	13.92	20 %	307 m
66	14.227	27 %	121 m
67	14.348	25 %	41 m
68	14.389	13 %	101 m
69	14.715	18 %	79 m
70	14.795	20 %	111 m
71	14.906	20 %	41 m
72	14.947	23 %	76 m
73	15.023	31 %	84 m
74	15.107	18 %	31 m
75	15.369	26 %	182 m
76	16.86	13 %	62 m
77	16.923	29 %	230 m
78	17.153	31 %	72 m
79	17.225	17 %	74 m
80	18.089	13 %	37 m
81	18.126	16 %	111 m
82	20.946	15 %	31 m

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83	20.977	23 %	110 m
84	22.236	13 %	208 m
85	22.967	13 %	208 m
86	25.087	16 %	179 m
87	25.266	15 %	177 m
88	25.443	35 %	204 m
89	25.646	17 %	39 m
90	25.685	20 %	105 m
91	25.79	36 %	870 m
92	26.66	33 %	39 m
93	26.7	28 %	36 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	4067.89	12.77	1:02:30	3.91	0:21:02	1:23:32	2.92
2000	9370.764	29.43	2:44:12	3.42	0:40:44	3:24:56	2.74
1750	10045.004	31.54	3:05:41	3.25	0:06:23	3:12:04	3.14
1500	3973.481	12.48	1:11:23	3.34	0:07:39	1:19:02	3.02
Total :	27.457 Km	86.22 %	8:03:46 h	3.41 Km/h	1:15:48 h	9:19:34 h	2.94 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.968	0:03:55	1957	1:16:00	1:16:00	3.968
7.574	0:14:02 > 10´	2483	2:25:05	1:09:05	3.606
11.556	0:03:34	1699	3:46:29	1:21:24	3.983
14.565	0:11:17 > 10´	2076	4:46:58	1:00:29	3.009
15.514	0:06:27	2242	5:13:48	0:26:50	0.949
17.265	0:07:00	2268	5:47:17	0:33:29	1.751
21.188	0:13:36 > 10´	2011	6:58:53	1:11:36	3.923
25.087	0:04:05	1647	8:14:10	1:15:17	3.898
26.143	0:02:28	1921	8:43:55	0:29:45	1.056
26.976	0:09:24	2119	9:09:55	0:26:00	0.833
Total :	1:15:48 h				

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